

## College and Career Planning-8<sup>th</sup> Grade

(The KHEAA [https://www.kheaa.com/website/kheaa/plan\\_time\\_8th?main=1](https://www.kheaa.com/website/kheaa/plan_time_8th?main=1) has excellent resources. I will send this by e-mail so you can connect to the links.)

### ***Eighth-Grade Planner***

- *Develop good study habits.*
  - [\*Are you a super studier? \(answer key\)\*](#)
  - [\*Study skills checklist.\*](#)
  - [\*How to get better grades.\*](#)
  - [\*Test-taking strategies.\*](#)
- *Learn about the KEES program, which lets you earn money for college.*
- *Practice your time management skills.*
- *Start thinking about the jobs that interest you.*
  - *Complete Career Matchmaker.*
    - [\*KHEAA ILP \(instructions for accessing\).\*](#)
  - [\*Explore careers.\*](#)
    - [\*CareerOneStop Career Videos \(English\).\*](#)
    - [\*CareerOneStop Career Videos \(Spanish\).\*](#)
  - *Career research.*
    - [\*Talk with family and teachers about careers.\*](#)
    - *Career Cruising (access through your ILP).*
    - [\*Career investigation.\*](#)
    - [\*How much money?\*](#)
- *Improve your money management skills.*
  - [\*Needs versus wants.\*](#)
  - [\*Spending smart questionnaire.\*](#)
  - [\*Spending diary.\*](#)
  - [\*Start saving for college.\*](#)
- *Check out summer programs available in your community.*

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Here are some other things to consider this year-

- You need to work on academic skills as you looking at least four, probably eight, or more years of education. Good skills will give you an edge, poor skills will be an anchor on achievement.
- Don't let work or activities get in the way of faith, family, and education. However finding some work is a good thing. Work that is just work is good as you see what that is like. Work that relates to your interest is also good as you may find out what you want to pursue in life and make contacts.
- Read, Read, Read, Read. Read for pleasure, read history, fiction, self-improvement books, magazines, graphic novels, comic books, and newspapers. Read a variety of things.
  - *"Reading has been shown to put our brains into a pleasurable trance-like state, similar to meditation, and it brings the same health benefits of deep relaxation and inner calm. Regular readers sleep better, have lower stress levels, higher self-esteem, and lower rates of depression than non-readers."* <https://open.buffer.com/reading-fiction/>
  - If you are motivated by material success the one time richest man in the world (he has given a lot it away) said this about reading- *"Read 500 pages like this every day," while reaching toward a stack of manuals and papers. "That's how knowledge works. It builds up, like compound interest. All of you can do it, but I guarantee not many of you will do it."* <https://www.cnbc.com/2018/03/27/warren-buffetts-key-tip-for-success-read-500-pages-a-day.html> Buffet is 87 years old and still reads four to five hours each day. He is not an exception. The one attribute "ultra-successful" people share is reading. *"Bill Gates reads about 50 books per year, which breaks down to 1 per week. Mark Cuban reads more than 3 hours every day. Elon Musk is an avid reader and when asked how he learned to build rockets, he said "I read books." Mark Zuckerberg resolved to read a book every 2 weeks throughout 2015. Oprah Winfrey selects one of her favorite books every month for her Book Club members to read and discuss."* [https://www.huffingtonpost.com/andrew-merle/the-reading-habits-of-ult\\_b\\_9688130.html](https://www.huffingtonpost.com/andrew-merle/the-reading-habits-of-ult_b_9688130.html)