

College and Career Planning-9th Grade

I will send this by e-mail so you can connect to the links.

Ninth-Grade Planner

August/September

- *Take the most challenging courses you can. (Click [here](#) for Kentucky's Pre-College Curriculum)*
- *Get involved in extracurricular activities and community volunteer work.*
- *Get organized. Create a college access file for:*
 - *Copies of report cards.*
 - *Lists of awards and honors.*
 - *Descriptions of school and community activities, including paid and volunteer work.*
- *Work hard in class. The grades you earn will be part of your final high school GPA and can earn you KEES money.*
- *Register on [kheaa.com](#) for a [MyKHEAA account](#) and to receive the Your KHEAA College Connection newsletter. **(You should get an account but be sure to remember your sign-in and password. You probably will take a picture but write it down also and perhaps give it to your parents. You will use and need this as you go through high school and apply to post-secondary institutions. JK)***
- *Explore your interests and possible careers.*

October/November/December

- *Attend any career days offered by your school or in your community.*
- *Talk with your school counselor and parents about a plan that will prepare you for college.*
- *Research college costs and talk with your parents about saving for college.*

March/April

- *Continue to explore interests and careers.*
- *Start thinking about the colleges you might like to attend. Use the [matching assistant](#) on [kheaa.com](#) to find the Kentucky schools that meet your requirements.*

May/June

- *Check into summer enrichment programs in subjects that interest you.*
- *Find out what a college atmosphere is like by attending a summer camp at a college near you.*

July

- Use your [MyKHEAA account](#) to check your KEES account and to make sure your personal information and GPA are correct. If you find an error, ask your counselor to have it corrected.

https://www.kheaa.com/website/kheaa/plan_time_9th?main=1 is the source for above.

Here are some other things to consider this year-

- Don't let work or activities get in the way of faith, family, and education. However finding some work is a good thing. Work that is just work is good as you see what that is like. Work that relates to your interest is also good as you may find out what you want to pursue in life and make contacts.
- Keep a record of activities/ awards and keep it in more than one place.
- Read, Read, Read, Read. Read for pleasure, read history, fiction, self-improvement books, magazines, graphic novels, comic books, and newspapers. Read a variety of things.
 - *"Reading has been shown to put our brains into a pleasurable trance-like state, similar to meditation, and it brings the same health benefits of deep relaxation and inner calm. Regular readers sleep better, have lower stress levels, higher self-esteem, and lower rates of depression than non-readers."* <https://open.buffer.com/reading-fiction/>
 - If you are motivated by material success the one time richest man in the world (he has given a lot it away) said this about reading- *"Read 500 pages like this every day," while reaching toward a stack of manuals and papers. "That's how knowledge works. It builds up, like compound interest. All of you can do it, but I guarantee not many of you will do it."* <https://www.cnbc.com/2018/03/27/warren-buffetts-key-tip-for-success-read-500-pages-a-day.html> Buffet is 87 years old and still reads four to five hours each day. He is not an exception. The one attribute "ultra-successful" people share is reading. *"Bill Gates reads about 50 books per year, which breaks down to 1 per week. Mark Cuban reads more than 3 hours every day. Elon Musk is an avid reader and when asked how he learned to build rockets, he said "I read books." Mark Zuckerberg resolved to read a book every 2 weeks throughout 2015. Oprah Winfrey selects one of her favorite books every month for her Book Club members to read and discuss."* https://www.huffingtonpost.com/andrew-merle/the-reading-habits-of-ult_b_9688130.html